

# FREE Sports Physical Clinic

**Saturday, May 20, 2017**

*Castrop Health Center, First Floor*



Physicians from OhioHealth Athens Medical Associates, University Medical Associates and other medical providers from the OhioHealth family have come together to help get student athletes ready to play. Middle school and high school students throughout southeast Ohio are welcome.

**Sports physicals are FREE.**

**For more information, call (740) 566.4720.**

**Sports physicals  
will take place from**

**8 to 11 a.m.**

**Please arrive at any time  
between the start and last  
check-in time.**

*Please fill out your pre-evaluation  
forms before you arrive.*

# OhioHealth Sports Medicine

# Sports Physical

## INFORMATION TO KNOW BEFORE YOU ARRIVE

### Why offer physicals?

Sports physicals are best performed by the student athlete's primary care physician. However, station based physical exams administered by athletic trainers and trained physicians from Athens Medical Associates and University Medical Associates provide an appropriate and complete alternative to physicals that would be provided by an urgent care or other convenience based pharmacy/outpatient treatment setting. This sport physical (as well as ALL physician interaction during school coverage) is not meant to replace regular or as needed visits to your primary care physician (PCP). Physicals are simply an adjunct intervention in an area of specialty.

### Who can attend these physicals?

These sports physicals are open to students of any middle schools, high schools, or school districts in Southeastern Ohio. These exams are meant for athletes with relatively "clean" medical histories and are used to screen for and detect medical or physical conditions that may put the student athlete at risk for future problems. Any athlete who is currently under the care of their PCP for a medical condition/injury/illness, or those with previously diagnosed medical conditions/injuries/illnesses, especially cardiac conditions that might preclude or limit participation in sports, are advised to get your medical exam from your PCP.

### How long will the exam take?

Athletes will be called back for their exams in the same order they signed in upon arrival. We will do our best to move through as quickly as possible but understand that the physicians want to make sure each athlete gets all their needs addressed completely and thoroughly.

### Will I be charged for this exam?

OhioHealth O'Bleness Hospital is offering these services at no charge to the middle school and high school athletes in our community. All associates including physicians of OhioHealth and University Medical Associates that are working these physicals are volunteering their time.

### Can I go with my child through the exam?

Parents are **ENCOURAGED** to go to all the stations with their son or daughter as well as be in the room during the physician exam. If a parent or guardian is NOT present ***ALL pages of the approved physical form need to be fully completed, signed and dated in order for your athlete to receive a physical.***

### What should I bring?

Please check with your school's Athletic Director to see what physical form the school is requiring of their athletes. You are encouraged to fill out the health history page prior to the examination. Per OHSAA rules, without a fully completed form, the athlete is ineligible to participate.

**NEED MORE  
INFO?**

**(740) 566.4720**

**[OhioHealth.com/SportsMed](https://OhioHealth.com/SportsMed)**



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