



2015 Healthcare Resource Guide

– Counseling/Support and Mental Health Services –

Prepared by United Appeal for Athens County 2-1-1
Call 2-1-1 or visit www.211athenscounty.org for updates and additional resources!

It is the intent of this document to list only non-profit or government agencies that provide healthcare services.

Athens County Children Services

www.athenschilchildrenservices.com

18 Stony Brook Drive, Athens, Ohio

740-592-3061; After Hours: 877-477-0772

Description: Provides case management and counseling support for families who have finalized adoption and live in Athens County. Also provides school social workers to give counseling and support to children in Athens County schools. Most services are free. For information about these services, call or visit the website. Hours: Mon-Fri 8:30 am-4:30 pm

Athens Mental Health (The Gathering Place)

7 North Congress Street, Athens, Ohio

www.thegpathens.org

740-594-7337

Description: The Gathering Place provides a drop-in center that offers mental health support services to adults coping with mental illness. Must be an adult, 18 years or older, and must have a mental illness in order to utilize these free services. Call or walk-in for more information or to begin the enrollment process. Office Hours: Mon-Sat 10 am-8 pm, Sun 10 am-6 pm

Chillicothe VA Medical Center

17273 State Route 104, Chillicothe, Ohio

www.chillicothe.va.gov

800-358-8262 or 740-773-1141

Athens Community-Based Outpatient Clinic, 510 West Union Street, Athens, Ohio

Office Hours: 8:30 am-4:30 pm

www.chillicothe.va.gov/locations/athens.asp

740-593-7314

Description: Provides mental health services to veterans including: mental health consultations, evaluations, and treatment. Fees vary; some services are free. Call for information about eligibility, intake requirements for veterans, and fees.

Health Recovery Services

www.hrs.org

866-614-9588 or 740-592-6724

224 Columbus Road, Athens, Ohio

Office Hours: Mon-Fri 8 am-4 pm

Description: Offers a variety of counseling and mental health programs including: adolescent counseling, substance abuse counseling, gambling counseling, and chemical dependency treatment. Eligibility, intake requirements, and fees vary depending on the program. Call or visit the website for information about services, intake, eligibility, and fees.

Hopewell Health Centers

www.hopewellhealth.org

Athens Behavioral Health Care Clinic, 90 Hospital Drive, Athens, Ohio

740-592-3091

Office Hours: Mon-Fri 9 am-5 pm, Operation: Mon & Wed 8 am-6 pm, Tue & Thu 8 am-7 pm, Fri 8 am-5 pm

REACH Youth Partial Hospitalization, 9 Kenny Drive, Athens, Ohio

740-589-5132

Hours of Operation: Mon-Fri 8 am-3:30 pm

Respite Adult Crisis Program, Athens, Ohio

Operation: Available 24 hrs by referral only

740-593-5164

Description: Hopewell Health Centers offer many health programs including, comprehensive healthcare for low-income families and comprehensive mental health care programs. These include: a dental clinic, family and community medicine, mother and infant care, mental health day treatment programs, and mental health evaluations. Cost of programs vary and most are based on a sliding scale. Accepts Medicaid. Contact insurance company to see if covered. For information on eligibility, intake, and fees for these programs or to learn about other programs that may be offered, please call.

Integrated Services of Appalachian Ohio

www.integratedservice.org

740-594-6807

11 Graham Drive, Athens, Ohio

Office Hours: Mon-Fri 8 am-5 pm; Service hours vary

Description: Offers a home-based mental health support service for individuals who have mental or emotional health problems. To obtain this service, individuals must have an agency referral, usually from Job and Family Services, Children Services, or Juvenile Court. Fees vary and Medicaid is accepted. Please call for information or to start the intake process.

My Sister's Place

www.mspsathens.org

800-443-3402 or 740-594-8337

Description: My Sister's Place offers free support and counseling for victims of physical, emotional, or sexual relationship abuse. Services offered include: 24/7 hotline, emergency shelter, outreach counseling, and court advocacy. Services are available to victims of domestic abuse/violence. Drivers License or State Identification Card will be requested at intake. Please call to access services or to receive information. Office Hours: Mon-Fri 8:30 am-4:30 pm; Services are 24/7



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NAMI (National Alliance on Mental Illness)

100 Hospital Drive, Athens, Ohio www.namiathensohio.org **740-593-7424**

Description: Offers a variety of free courses to help educate individuals about mental illness or ways for people with mental illness to cope. Call for information about dates, times, and intake processes. Office Hours: Vary

Ohio University Counseling and Psychological Services

Hudson Health Center, Third Floor, Athens, Ohio www.ohio.edu/counseling **740-593-1616**

Description: Provides counseling services for Ohio University students on topics including, individual and group counseling, body image and eating disorder counseling, and substance abuse treatment. These services are available to Ohio University students. Fees vary and are dependent on if the student is enrolled in the WellBeing plan. Please call for more information about eligibility and intake processes. Hours: Office Mon-Fri 8 am-5 pm; Drop-in Mon-Fri 9:45 am-3:15 pm

Ohio University Psychology and Social Work Clinic

002 Porter Hall, Ohio University, Athens, Ohio www.ohiopsychology.com/Clinic.html **740-593-0902**

Hours: Mon-Fri 8 am-noon; Mon & Thu 1 pm-6 pm; Tue & Wed 1 pm-7 pm

Description: Offers counseling for individuals, groups, families, and couples. Services are provided by graduate trainees under supervision of licensed faculty. Also, offers neuropsychological assessments and intelligence/ personality testing. Nominal fees for services. Please call for more information or to make an appointment.

OhioHealth Appalachian Community Visiting Nurse Association, Hospice and Health Services

30 Herrold Avenue, Athens, Ohio www.acvna.org **800-837-1112 or 740-594-8226**

Description: Provides free short-term grief counseling, education, and grief therapy referrals for individuals who are coping with the loss of a loved one who was in this hospice program. There is no required documentation to utilize services. Call for information or to enroll in counseling. Office Hours: Mon-Fri 8 am-4:30 pm; Service hours vary

Pregnancy Resource Center of Athens County www.athenspregnancy.com **740-592-4700**

Off-campus: 43A South Court Street, Athens, Ohio School - Mon & Wed 11 am-3 pm, Tue & Thu 3 pm-7 pm, Fri 11 am-1 pm

On-campus: 316 Baker University Center, Athens, Ohio Summer Months - Mon & Thu 5 pm-7 pm, Fri 11 am-1 pm

Description: Offers pregnancy peer counseling along with information for expectant parent, fertility awareness, and adoption, and counseling on services related to pregnancy. Free services available to pregnant women, men/fathers, and families. No documents are needed. Call for information about services or to make an appointment. Walk-ins are welcome.

TASC of Southeast Ohio www.tascofsoutheastohio.org **740-594-2276**

86 Columbus Road, Athens, Ohio

Description: Offers AOD (alcohol and other drugs) treatment and counseling. These services include: individual counseling, family counseling, group counseling, etc. Fees vary and are based on a sliding scale. Services are eligible to individuals or to families of individuals with substance abuse problems or suspected substance abuse problems. Involvement of a parent/guardian is mandatory for minors. Please call for more information or to arrange an initial screening for intake. Office Hours: Mon-Fri 8 am-5 pm

Wellspring Retreat and Resource Center

525 Richland Avenue, Athens, Ohio <http://wellspringretreat.org/> **740-589-5600**

Description: Provides counseling, education, and support services for individuals who have been victims of abusive organizations (cults) or victims of abusive people. Accepts families and groups as clients. Also provides consultation for people concerned about an organizations' possible cult status/affiliation. Fees vary based on service. Check with insurance company for service coverage. Please call or visit the website for more information. Office Hours: Mon-Fri 10 am-4 pm